

The official newsletter of the Rochester (NY) Orienteering Club



Tour de Gorges Mini-Rogaine Start, September 11, 2004, Letchworth (Photo by Sandra Lomker)

At the sound of "Go" more than thirty teams raced off into the sunshine of this glorious day. Even though everyone was tempted to cross the gorge at the railroad bridge or through the 8 mph flowing Genesee, all followed the directions of the Meet Director, Jim Russell, and at some time, proceeded down the narrow trail on the edge of the precipice or raced down the road to the only acceptable crossing between Middle and Lower Falls. Hopefully all participants took the time to admire the stone work completed by the CCC (Civilian Construction Corp) during the depression and the rock strata which defines the geological formation of this dramatic area.

Normally rogaines (Rugged Outdoor Group Activity Involving Navigation and Endurance) last 24 hours with 6 and 12 hour options and cover vast areas of forests. This Mini-Rogaine was 6 hours long with a 2 hour option that enabled the less fit or ambitious a good alternative. Using a score-O format, teams planned their strategy to accrue the most points by visiting as many high-point controls as possible and avoiding overtime penalties.

Some teams hurried up and down steps only to find themselves out of breath while others rushed past to collect more punches on their cards. With time running out, teams traversed the terrain as quickly as possible and

returned to the finish where they eagerly expressed their thanks to the two course designers, Jim Russell and Eric Barbehenn. It was a magnificent day full of breathless views, interesting controls, and challenging courses on both sides of Letchworth State Park. To top off the day each team enjoyed the companionship of others who love the sport of orienteering.

A total of 36 teams (79 people) participated. See page 9 for summary of results, and page 11 for more photos..

Sandra Lomker

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2004 Club Officers and Committee Chairs

President: Jim Russell, 315-524-4866, Jrussell1@rochester.rr.com

Past President: Larry Zygo, 225-0733, Lzygo@aol.com

President-Elect: Dick Detwiler, 671-2437, Rlshadow@aol.com

Treasurer: Kathy Bannister, 493-2219, kbannister@frontiernet.net

Secretary: Sandra Lomker, 426-6773, slomker@frontiernet.net

Membership: Doug Brooks 624-4980, Brooksroc@aol.com

Equipment: Laurie Hunt, 464-0587, bacewoman@bluefrog.com

Mapping Chair: Dick Detwiler 671-2437, Rlshadow@aol.com

Hotline: Carol Moran, 377-8144, Pwtmoran@aol.com

Newsletter: Dick Detwiler, 671-2437, Rlshadow@aol.com

Volunteer Coordinator: Sandra Lomker/Tom Cornell 426-6773, slomker@frontiernet.net

Publicity: Rick Worner, 581-2979, Wornerkohn@aol.com

Retail Map Sales: Louise Cook 293-3465, LMC@hlms.com

Permanent O: Tom Cornell, 426-6773, tcornell@frontiernet.net

Education: Laurie Hunt, 464-0587, bacewoman@bluefrog.com

Jim Russell, 315-524-4866, Jrussell1@rochester.rr.com

GPS Coordinator: Mike Gallagher, 425-3327, mafg@netacc.net

Web Site: Sergey Dobretsov, 388-0683, Dobretsov@yahoo.com

Board of Directors:

Eric Barbehenn, 383-4413

ericb@procolosvc.com

Bob Bundy, 586-9393

rbundy1@rochester.rr.com

Dick Detwiler, 671-2437

Rlshadow@aol.com

Sergey Dobretsov, 388-0683

Dobretsov@yahoo.com

Mike Gallagher, 425-3327

maf@netacc.net

Laurie Hunt, 464-0587

bacewoman@bluefrog.com

Rick Lavine, 442-6358

rdlavine@frontiernet.net

Randy McGarvey, 223-7996

Randall.mcgarvey@alum.rit.edu

Carol Moran, 377-8144

Pwtmoran@aol.com

Ravi Nareppa, 385-9001

Ravi_divya@yahoo.com

Kay Sheehan, 786-8312

Sheehan1@frontiernet.net

Joel Shore, 256-0794

jshore@frontiernet.net

Rick Slattery, 223-3724

Ricks@rochester.rr.com

Rick Worner, 581-2979

Wornerkohn@aol.com

General information on local meets

Courses

The club uses the USOF "color" designations wherever applicable. A description of the courses is as follows:

Color	White	Yellow	Orange	Brown	Green	Red	Blue
Approx. distance, km	2-4	3-5	4-7	3-5	4-7	6-10	8-14
Number of controls	4-12	5-12	8-12	8-12	8-12	8-15	10-18
Difficulty	Easiest	Easy	Medium	Hard	Hard	Hard	Hard

The White course is intended to be easy enough for first-time participants after a short introduction to the sport. Control points are generally on trails or similarly easy-to-locate features.

The Yellow course is slightly more difficult than the White course. Control points are generally placed close to but not right at easy-to-find features, such as on a knoll that is 50 m away from a trail junction.

The Orange course requires more map-reading and course-planning skills than the Yellow course. Controls will generally have a good attack point, but the attack point may be more subtle than on the Yellow course, or the control will be placed further from the attack point. The route choice from one control to the attack point for the next control is often less obvious than on the Yellow course.

The Brown, Green, Red, and Blue courses differ from each other only in length. At local parks, they are usually the most difficult course that can be set given the size and the terrain of the park. Map-reading, compass, and route-planning skills will be tested to a greater degree on this course.

Sometimes other courses may be offered, such as a Motala (a course which involves one or more map exchanges), or a Line-O or Score-O. These courses will be explained in the meet instructions at any meet that uses these formats.

Fees

The entry fees to ROC meets are \$3.00 per map for ROC members and \$5.00 per map for non-members. If several people (a family group for example) enter as a group using the same map, the fee is still \$3.00 (members) or \$5.00 (non-members). A person or group can do a second course using the same map for no additional charge (if you complete the Short course and decide to try the Medium course, for example).

Beginner instruction

Beginners are always welcome; there is an informal beginners' clinic approximately 15 minutes after the beginning of the event, and all meets offer a course suitable for beginning orienteers.

2004-2005 Fall and Winter Schedule

Rochester Area

October 2 Saturday	Irondequoit Bay West. Start from 12:00 noon to 2:00 p.m.
October 17 Sunday	Oatka Creek Park. New area! Start from 12:00 noon to 2:00 p.m.
November 6 Saturday	Mendon Ponds Park, 9th annual trail run. 5K, 10K, 20K, 50K. East Lodge. 9:30 a.m. (Except 50K starts at 8:00 a.m.)
December 5 Sunday	Ellison Park. Annual meeting and Scrooge-O. 5:00 p.m.
January 8, 2005 Saturday	Ski-O at Letchworth State Park, Trailside Lodge. Start from 12:00 noon to 2:00 p.m.
January 23, 2005 Sunday	Ski-O at Mendon Ponds Park. Start from 12:00 noon to 2:00 p.m.

Attention!

Before traveling to any ROC meet, please call the Hotline at (585) 377-5650.

Meet locations, details, and schedules may change at any time – the Hotline will always have the latest info!

Outside of Rochester Area

October 10 Sunday	BFLO: Sardinia Reforestation Area Score-O event with a Beginner course.
October 24 Sunday	BFLO: Emery Park Regular event featuring Beginner, Intermediate and Advanced courses.
October 24 Sunday	GHO: Niagara Wine-O 10:00, Firemen's Park, Niagara Falls
October 30- 31, Saturday & Sunday	CNYO/EMPO Joint A-Meet: Gilbert Lake State Park, Laurens, NY (near Oneonta), and Thacher State Park, Berne, NY.
November 6 Saturday	BFLO: Chestnut Ridge Park Regular event featuring Beginner, Intermediate and Advanced courses.
Nov. 13 & 14, Saturday & Sunday	CNYO: Highland Forest County Park, Fabius, NY. CNYO's 11th Annual Scout-O. (Public can participate in Saturday event but not Sunday.)
November 14 Sunday	GHO: Raid the Hammer, 09:00, Dundas Valley
November 21 Sunday	CNYO: Highland Forest County Park, Fabius, NY. CNYO's 24th Annual Turkey-O.

ROC e-mail distribution list

The ROC maintains an e-mail distribution list that is used to send out reminders about upcoming meets and to notify the membership of any changes to the meet schedule.

Do you want to be on our e-mail distribution list but are not? Or ARE you on the list and don't want to be?

If either of the above apply, you can take care of the situation yourself. Go to the club web site, and click on the selection along the left that says "ROC mail list". Or go directly to the following page:

<http://roc.us.orienteering.org/infotform.shtml>

Once there, it will be clear how to subscribe to or unsubscribe from the list.

Contact information

ROC Hotline: 585-377-5650 (directions to meet sites, any last-minute changes, etc.)

ROC web site: <http://roc.us.orienteering.org>

Buffalo Orienteering Club (BFLO) web site:
<http://www.buffalo-orienteering.bfn.org/>

Central New York Orienteering (CNYO) web site:
<http://cnyo.us.orienteering.org/cnyo/>

Golden Horseshoe Orienteering (GHO)
(Niagara/Hamilton region) web site:
<http://www.dontgetlost.ca/gho/>

Oatka Creek Park is the pits!

(and the knolls and the stone walls too!)

Meet scheduled at this new area for Sunday, October 17

A map is being made of a new orienteering venue for the Rochester Orienteering Club. The location is Oatka Creek Park, an essentially undeveloped county park near Scottsville. The area of the park is approximately 1.8 km² (about 450 acres, or approximately the size of Webster Park or Powder Mills Park).

As with many of our local parks, parts of it offer some interesting orienteering challenges, while other parts aren't particularly interesting from an orienteering standpoint. The park is not, for the most part, very hilly, but there are several sections of nice open woods with many remnants of previous mining activity. There are pits and knolls galore in these sections!

The mapping challenge and the challenge for the orienteer is determining the criteria for which pits and knolls to map and which to not map. In most other local parks, some fairly small pits and knolls are mapped because they are distinct even though small, and they do stand out from the rest of the terrain; thus, they are useful for navigation and for possible control locations. If we were to map every pit and knoll at Oatka, some sections would be literally filled with brown "V's" (for pits) and brown dots (for knolls) – not particularly useful for either mapping, navigation, or control placement. (An analogy would be that if we were to map every tree in the forest, it wouldn't be a very useful map!)

Only the larger pits (ones that stand out from the rest) will be mapped. This will translate into: pits being 1 m or less deep (roughly waist deep) will not be mapped; pits 1.5 m or more (roughly chest deep) will generally be mapped. There will be similar criteria for knolls.

In addition to the pits and knolls from previous mining activity, there are numerous stone walls, presumably from earlier farming activity. These make for good navigational features and possible control points.

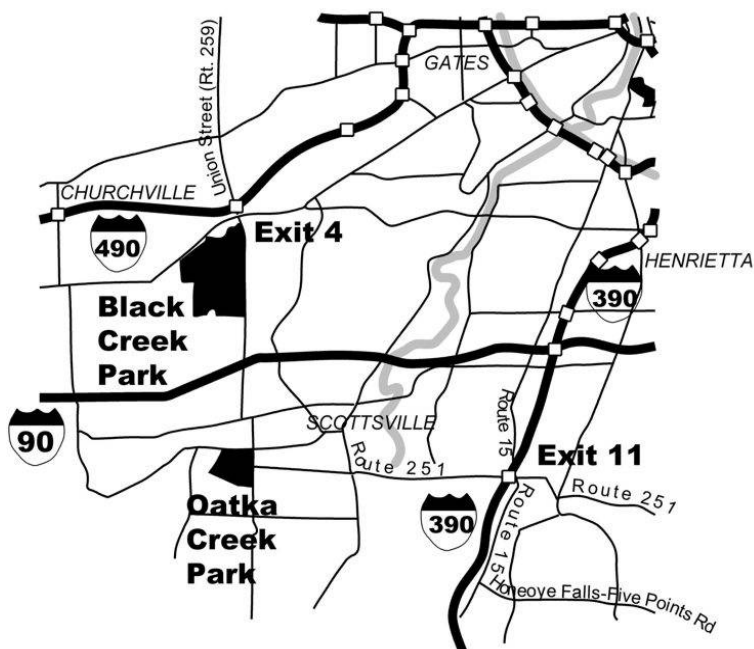
The park includes a section Oatka Creek (which sounds like it should be obvious!), which is uncrossable in most seasons of the year except for an old auto bridge that is now just a foot bridge. The majority of terrain (and nearly all of the "interesting" terrain) is on the south side of the creek.

We are utilizing a very detailed base map from Stirling (Scotland), a firm specializing in orienteering maps, so the quality of the map should be quite good.

I'm looking forward to holding our first meet on this new map in mid October!

– article by Dick Detwiler, mapper for this park

Location of Oatka Creek Park:



Directions:

1. Take I-490 to exit 4 (Rt. 259/Union Street); go south on 259 around 5 miles to "T"; turn left, then take first right (still Union Street). Proceed approximately 1 mile to park entrance on right (shortly past bridge over creek).

or

2. Take I-390 to exit 11 (Rt. 15/Rt. 251). Go east on 251. Proceed approximately 6.3 miles, going straight at each intersection (do not follow Rt. 251 when it turns right). You'll go right into the entrance to the park.

ROC Board Meetings

Since the last newsletter, your Board has held two meetings, June 14 and August 23. Many club activities and events, past, present and future, were discussed including:

1. **Finances** - On June 14 Kathy Bannister reported a balance of \$8,056.41. Several large expenditures were expected, sanctioning fees, mapping, park fees, etc. Rick W orner, Jim Russell and Kathy will draft a 2005 budget to include increases in insurance fees and possible increases in club membership dues and local meet/map fees.
2. **Map Sales** - Carol Moran stated that Permanent Map kits are selling well, especially the new Webster County Park. Tom Cornell is updating the Mendon Ponds Park by adding some more difficult controls. Jim R. will be contacting Tom regarding printing these maps. Other map sale locations are being explored, e.g. bookstore at ADK meetings, outdoor stores.
3. **Mapping** - Ellison Park and Wetlands and Tryon Park have been mapped and utilized at the June Canoe-O.
 - Cutler Boy Scout Camp needs to be re-mapped. Karl Kolva and Dick Detwiler are drafting a proposal with estimates of costs which will then be presented to the Boy Scouts for approval.
 - Rattlesnake Hill has been photographed and base maps are being completed so that field checking can begin this fall. It is hoped this area can be used for a future meet.
 - Oatka is expected to be done in time for the October 17th meet.
4. **Local Meets** - Three summer score-Os at Irondequoit Bay East, Durand and Black Creek, were well attended considering the weather. A big thanks to all the volunteers who have helped make this year's events successful. We continue to need more volunteers for the upcoming fall meets. Please check the volunteer page on the ROC website to day. <http://roc.us.orienteering.org/>
5. **By-Laws** - At the June 14 meeting the Board passed some minor changes to the by-laws. See a Board member for more details.
6. **Map Availability for non-ROC events** - A proposal for a policy for the use of Club intellectual property and assets is being prepared and will be put to a vote electronically or at the next meeting. This will include wholesale prices for maps, \$1 fee for each flag borrowed, and \$10 replacement fee which will remain the same, and a \$2 suggested "user fee" for printing maps for non-Club sponsored events.
7. **Mini-Rogaine** - Final arrangements were made for the mini-rogaïne to be held in Letchworth on September 11. (See newsletter article.)
8. **Donations** - Several donations were approved: \$50 to the Bay View YMCA, \$50 to the Friends of Letchworth, \$100 to be divided equally between the Ski, Junior, and Senior World Orienteering Championship teams.
9. **The next Board Meeting** will be held on October 18 at 6:30 p.m. at the Penfield Public Library. All are welcome. Check with any Board member for more information.

Submitted by Sandra Lomker, Secretary

Congratulations, Permanent Orienteering Course Finishers!

Letchworth

Douglas Martin	6/7/04	Newton MA
Robert Bonadonna	7/5/04	Rochester NY
Christine Green	7/13/04	Henrietta NY
Mary & Ben Gardner	8/31/04	Rochester NY
Patty, Zak, & Tyler Borden	8/31/04	Rochester NY
Jim, Kathy, Mike & David Curry, Andy Dorofy	8/31/04	Rochester NY

Mendon

Chris Dube	7/8/04	Farmington CT
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Webster

Mike, Angela, Joseph & Brendan Gallagher	6/9/04	Fairport NY
Kelly, Katelyn and Jeff Debarr	6/15/04	Williamson NY

Meet Results

Ellison Park canoe and land orienteering (5-hour mini-rogame) – June 13, 2004

What a great way to visit the five parks adjoining Irondequoit Bay and Irondequoit Creek. The day started cloudy and quite pleasant at 12:00. Heavy rain began about 1:00 and continued on and off until about 3:00. At least the possible thunderstorms and high winds did not materialize. It became a bit steamy during the last hour. The Wetlands Center was a beautiful location for the event headquarters. Rick's control placements took us far and wide, high and low. The 30 controls included 11 spurs. (Is there a rule that the control must at the top of a spur?) An additional 5 hilltop controls ensured that plenty of climbing took place. There were seven "cove" controls which except for number 6 were only accessible from the water.

No one collected all 30 controls, but Pete Dady and the Domines found all but 2 (29 and 30). Eric Barbehenn was the only one to get 5 of the 30 pointers. (He didn't get number 28 in West Irondequoit.) Stina Bridgeman was the only runner to visit Tryon Park, picking up controls 15 and 16. Joel Shore was the only runner to visit 4 of the five parks (All but Tryon).

The most visited controls were 1, 5, and 17. All 3 were visited by exactly 14 boaters and 23 runners. Control 11 attracted 15 runners and only 11 boaters. The most visited "water" control was number 4, being picked up by 18 of the 21 boating teams.

My vote for the most under-valued control was

Canoe-0

Categories: C1 - Solo Canoe; C2 - Canoe team; mK - Male solo kayak; fK - female solo kayak

1. Linda Kohn, Rick Worner, Lindsay Worner	C2	575	5:00	1st C2 (100 trash pts) Most creative portaging
2. Pete Dady	C1	550	5:00	1st C1 (10 trash pts)
3. Mark & Barb Domine	C2	540	4:54	2nd C2
4. Eric Barbehenn	mK	475	4:54	1st mK (15 trash pts)
5. Bob Bundy	mK	475	4:59	2nd mK
6. Dayle Lavine	fK	435	4:59	1st fK
7. Mike Lyons, Bob Maloney	C2	378	4:59	3rd C2 (8 trash Pts)
8. Mike Allen	C1	365	4:57	2nd C1
9. Larry Berking, Tong Zheng Harry, James, and George Berking	C2	365	5:00	
10. Chad Borden, Tyler Borden Jeff Eggleston	C2	364	4:57	(4 trash pts)
11. Walt and Patty Lyons	C2	340	4:59	(10 trash pts)
12. Lincoln Blaisdell and Jackie Novkov	C2	325	4:55	
13. Kathy Bannister and Kay Sheehan	fK+fK	205	4:31	2nd fK (25 trash pts) First dual kayaks
14. Yar Prymak & Louise Cook	C2	200	4:53	
15. Robert Maslanka, Joseph Maslanka, & Gary Maslanka	C2	195	2:43	
16. Tom Dady	mK	195	3:20	3rd mK
17. Ken Herging, Aaron Herting and Cullen Wegman	C2	100	2:45	
18. John Furst, Cheri Lewis and Penny Behendt	C2	94	2:04	(4 trash pts)
19. Tim and Mallory McCullum	C2	90	?	
19. Carol Moran	fK	50	1:47	3rd fK (10 trash pts)

number 13. I think that was the steepest, muddiest, slipperiest control that I reached. It was a pleasant surprise to find water jugs at the top. I refilled my camelback before the slide down. Near the bottom I was startled to find the Worner-Kohn team portaging from near number 12 up to the "narrows".

Bonus points were awarded for helping to clean up the environment by collecting trash. According to the meet director, one beer or soda can was worth 1 point. Other stuff was subject to the meet director's discretion.

Bob Bundy

Note from course setter Rick Lavine:

When I went out to pick up the water controls, I found that because of the earlier rain, (you do remember the rain?) the current was so fast at the Narrows (where the posts are) that I could barely paddle through. If that had happened earlier I suspect some paddlers wouldn't have made it! I saw some kayakers who couldn't. Then just before control 9 (the stream bend just before crossing under Browncroft Blvd.) there was a tree down across the stream. This must have happened between 4:00 and 6:00. Being submerged by a falling tree is not one of the catastrophes listed in the waiver you signed, but it's still covered.

- 20. Olga & Mikhail Roshal C2 35 1:45
Lev, Sophia, and Dalia Roshal
- 21. Brian Tomaszewski C2 30 1:52
Michelle Eichelberger

Foot-0

Categories: f - Female; m - Male; Coed

- 1. Stina Bridgeman (Run Amuck) f 295 4:47 1st f
- 2. Cheryl & Dick Detwiler coed 260 4:35 1st coed
- 3. Joel Shore m 250 4:58 1st m
- 4. J. Wallenhorst m 235 4:33 2nd m
- 5. Ravi Nareppa & Jim Russell m 215 4:40 3rd m
- 6. Eugene Morreale m 160 4:00
- 7. Rob and Kameren Holmes coed 130 4:55 2nd coed
- 8. Michael Hirsch m 125 4:33
- 9. Jack Armstrong, Ryan and Emily coed 86 2:20 (1 trash pt)
- 10. Dave Hoesly, Cynthia Jameson and Margie Mitchell coed 85 2:14
- 11. Patty Borden & Kathy Curry f 85 2:15 2nd f
- 12. Lawrence & Katherine Creatura Camille, Anne, Jack, Tess coed 85 2:17
- 13. Jeff DeBarr m 75 1:17
- 14. Dick Specht m 75 1:44
- 15. Michael & Maureen Gallagher Joseph, Angela, and Brendan coed 75 2:08
- 16. Kiran Hegde m 75 3:08
- 17. Karl Kolva m 65 3:02
- 18. Jim Lavine m 60 2:00
- 19. Frank & Linda Armstrong Rachel Armstrong coed 60 2:02
- 20. Kim and Eric Phillips coed 60 2:05
- 21. Victor & Susan Klassen Sylvia and Nathan coed 40 1:02
- 22. Eileen Flanagan & John Cochrane Amelia, Kate, & Pat Cochrane coed 40 1:28
- 23. Gail Schlack, Jorma Schlack and Richard Emery coed 40 1:47
- 24. Tom Gagen m 40 1:48
- 25. John & Linda Nusz coed 40 1:53
- 26. James Crocker m 11 1:20 (1 trash pt)

Special Prizes per Course Setter:

Best Team Name: Stina Bridgeman: Run Amuck
 Worst portage: Worner-Kohn family -- across Empire Boulevard. No prize.



Tom Lamme sizing up the situation at the start of the canoe/land-O at Ellison wetlands.

(Photo by Cheryl Detwiler)

Irondequoit Bay Park East Score-O

July 14, 2004

Despite rain early in day and cool temperatures, the weather was cloudy and dry at the start with a brief burst of heavy rain midway through event.

White Course

1.	Katy Foley, Glen Willis and Liam Feeney	28 minutes
2.	Maura Hanna, Tegan Feeney, and Rory McCarron	29
3.	Timothy Cassidy, Fiona Cassidy, and Caitlin Cassidy	38
4.	Stephanie Cassidy, Ashleigh Kemp, and Heather cassidy	42
5.	Cassandra Willis, Devon Feeney, and Callen Feeney	19 (Rain shortened)

Score-O Results

(1 Hour time limit - 10 point penalty per minute late) (Total Possible Points: 500)

1.	Sergey Dobretsov	54:56	500
2.	Gil Robs	57:44	490
3.	Dick Detwiler	58:30	400
4.	Michael Lyons	60:03	370
5.	Ravi Nareppa	60:26	370
6.	Sue and Victor Klassen	62:44	320
(340 - 20)			
7.	Pete Dady (CNYO)	66:10	320
(380 - 60)			
8.	Joel Shore	61:58	310
(320 - 10)			
9.	Ray Rosenbaum (HVO)	53:30	300
10.	Andrew Elden	56:04	300
11.	Patty and Walter Lyons	60:03	300
12.	Jeff DeBarr	56:00	280
13.	Sandra Lomker	56:17	270
14.	Lawrence and Kate Creatise	59:11	240
15.	Bob Bundy	66:34	230
(290 - 60)			
16.	Rob Holmes	65:37	120
(170 - 50)			
17.	Ansis Robs	68:50	120
(200 - 80)			
??.	Sandra Forbes	56:12	GPS -
	but punch card not returned		

Durand Eastman Park Score-O

July 31, 2004

Place	Name	# controls	Time	Penalty	Net
1	Sergey Dobretsov	20	59:25		20
2	Joel Shore	15	57:30		15
3	Andrew Elder	15	58:30		15
4	Mike Allen	14	57:12		14
5	Rob Holmes and Matt Forgens	14	59:50		14
6	Eric Phillips	14	59:55		14
7	Michael and Joe Gallagher	13	57:00		13
8	Bob Bundy	10	59:30		10
9	Kim and Carina Phillips, Mary Williams	10	59:35		10
10	Laurie & Sarah Masood	10	60:00		10
11	Kim Plofker	9	57:40		9
12	Heidi & Katherine Hall	9	60:00		9
13	Tom Lamme	10	61:00	1	9
14	Eric Barbehenn	10	62:30	3	7
15	Mike Yunker	12	64:50	5	7
16	Gary Hart and Kevin Patrick	6	59:40		6
17	Louise Cook	9	63:00	3	6

18	Blake, Edie, and Liam Scherer	5	60:45	1	4
19	Kameron, Tyler, and Bryn Holmes	5	74:00	5	0
20	Nick Nettleton	7	81:01	7	0
21	Vincent & Nicolas Luongo	9	85:00	9	0
22	J. F. Wallenhorst	14	85:00	14	0
23	Kelly Todd	?	85:0		



Score-O at Black Creek Park

August 11, 2004

Place	Name	#controls	Time	Penalty	Net
1	Egils Robs	12	59:12		12
2	Rob Holmes	11	58:30		11
3	Mike Lyons	11	58:57		11
4	Walt & Patricia Lyons	11	58:59		11
5	Tom Lamme	10	57:58		10
6	Georg Nadorff	10	59:40		10
7	Joel Shore	9	53:30		9
8	Dick Detwiler	9	56:10		9
9	Victor & Susan Klassen	9	56:30		9
10	Kathy Bannister	9	57:51		9
11	Andrew Elder	9	59:50		9
12	Jack Wallenhorst & Tom	8	56:53		8
13	Jackie Marchard & Dan Katz	8	57:06		8
14	Mike Allen	11	62:30	-3	8
15	Carl Fey	11	62:40	-3	8
16	Natalia Fey	11	62:50	-3	8
17	Nick Nettleton	7	52:45		7
18	Louise Cook	6	52:30		6
19	Mark Sciera & party	6	57:15		6
20	John Nusz & Linda	5	58:50		5
21	Sandra Lomker	4	59:40		4
22	Gary Maslanka	10	65:30	-6	4
23	Michael Hirsch	3	57:40		3
24	Curt Fey	3	57:44		3
25	Marian Fey	3	57:50		3
26	Arlene Jourdan	5	64:59	-5	0

WHITE COURSE RESULTS:

1	Jason Merrill & family	50:30
2	Jennifer Balonek	52:00
3	Ellen, Aiden, Micaela, Erinn Ferguson & Sora Martone	60:05
4	Bill Shearing, Chris Rice, Jeffrey Rice	60:40
5	Sandy, Nickada	74:00

National Orienteering Day, Highland Park September 19, 2004

Course Setter: Dayle Lavine

Meet Directors: Rick & Dayle Lavine Jim Russell

A total of 151 people participated in the National Orienteering Day event at Highland Park, including 6 GPS participants. Mother Nature cooperated with a gorgeous day.

White, 1.7 km., 35 m. climb

1	Sylvia Klassen	23:40
2	Tim Dobretsov	30:12
3	Ruth Lindsay	31:13
4	Virginia Cumine	33:23
5	Elizabeth Hane & Beth Wilson	36:23
6	Lon McClure & Bonita Hewes	37:00
7	Rob, Tyler & Bryn Holmes	37:33
8	John Burchill	38:00
9	Katy VanGeel (GPS)	38:30
10	Greg, Liz, Matthew & Catherine Delaus	38:38
11	Karlien Bach	39:50
12	Arlene Lavner	42:00
13	Rob, Matt & Megan Hovey	44:15
14	Daniel, Janine, Daria & Stephanie Burge	46:38
15	Paul & Andrew Schultz, Howard & Evan Bussey	47:10
16	K. J Vail, Steven & Pat Russell	57:26
17	Elanor Nadorff & Miura Fontaine	63:40
18	Edie, Liam, Blake & Bill Scherer	72:12
18	Matt, Leah, Jon, Caleb, Elise & Elliot Bontel	72:12
	Carol Moran	DNF

Yellow, 2.75 km, 40 m. climb

1	Paul, Debra, Joy, & Brianna Van Graafeiland	48:02
2	Mark Wade	49:58
3	Kameron Holmes	51:06
4	Rosalie Adams & Micael Nash	51:46
5	Paul Roche	53:00
6	Stephen Healy & Theresa Meglino	53:56
7	Mary Lummis, James, Oona Bridget & Sam Kernan	56:00
8	Janet Cranshaw (GPS)	67:55
9	Will Sales & Mark Hawkins	68:00
10	Laurie & Sarah Masood	71:39
11	Tony, Janice & Jorge Cajiga	76:21
12	Ken, Hope & Aaron	77:30

13	Herting (GPS) Paul & Andrew Schultz, Howard & Evan Bussey	86:20
14	David Van Graafeiland & Tyler Macky	92:08
15	Lisa & Ryan Yager, Chris Berwitz	97:24
16	Cory, Chloe, Will & Kym Ruth	97:50
17	Dirk Redda & Lois Camphausen	98:20
18	Kern, Sherry, Evelyn, Mitchell, Spencer Haynes	98:47
19	Bridget, Stephanie, Ryan & Fiona McLaughlin, Carroll Lepper	101:07

Orange, 3.75 km, 50 m. climb

1	Linda Kohn	51:45
2	Rick Slattery	54:21
3	Victor & Nathan Klassen	65:55
3	Todd Sheehan (GPS)	65:55
5	Stina Bridgeman	66:00
6	Todd Sheehan (GPS)	67:55
7	Mitchell Hansinger	69:24
8	Ravi Nareppa & Divya Bevan	69:43
9	Eric Barbehenn	71:00
10	Frank, Linda, Zachary & Rachel Armstrong	73:19
11	Lisa Roberts & Michelle Dulieu	74:15
12	Brian & Nicholas Charles	81:05
13	Mike Finear & Liz Grandi	84:30
14	Jack Wallenhorst	85:18
15	John & Linda Nusz	85:20
16	Karlien Bach	85:50
17	Denise & Randy McGarvey	87:24
18	Ron Salladin	89:50
19	Mark Armstrong	99:28
20	Curtis, Lisa, Jeffrey & MatthewHube	102:00
21	Jefferson, Lisa, Madeline & Samuel Svengsouk	102:26
22	Mike Yunker	105:18
23	Ruth Lindsay	105:58
24	Tom, Debbie & Cathlyn Reinecker	108:45
25	Jeff Nunes	110:10
26	Will Sales & Mark Hawkins	114:02
27	Annette Otis & Michael Heel	114:15
28	Wendy Eastman	142:58
29	Rick & Diane Blevins (GPS)	143:06
30	Fred Snyder & Paul Breese-Gurelick (GPS)	175:00
	Rick Worner	42:30 MP
	Bob Bundy	67:30 DNF

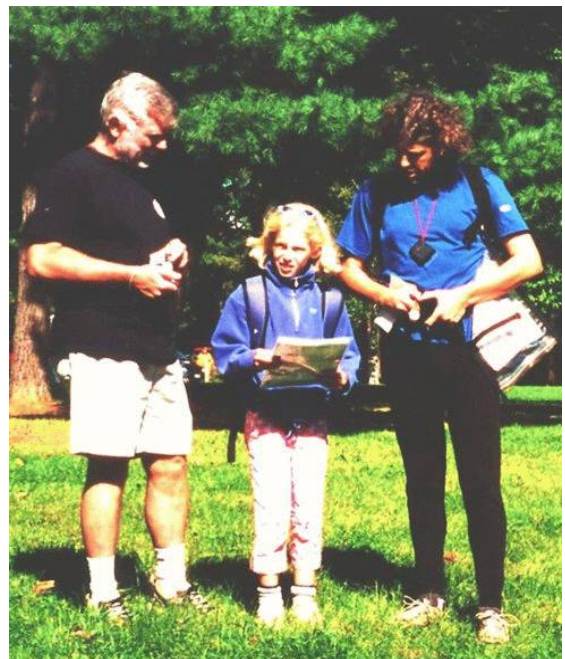
Additional pictures from Letchworth mini rogaine (Sept. 11, 2004)



Train trestle – not an allowed way of crossing the gorge! (Photos by Paul Schwartz)



The winning “L&R” team – Rick Worner and Linda Kohn – discuss strategy
(Photo by Paul Schwartz)



Meet director Jim Russell; participants Mattie and Rob Porter
(Photo by Sandra Lomker)



Meet director Rick Lavine oversees the start of the canoe and land event at Ellison Wetlands on June 13.
(Photo by Cheryl Detwiler)

First Class



c/o R. Detwiler
422 Woodland Lane
Webster, NY 14580