



# *The Wild Times*

March 2002

**The official newsletter of the Rochester (NY) Orienteering Club**

## **2002 Season Opens with an Icebreaker Event**

Put away those snowshoes and bring out your running shoes. The 2002 Orienteering season will open with an Icebreaker event on April 14<sup>th</sup> at Durand Eastman Park, starting from noon to 2:00 p.m. (See page 3 for more details.) To speed your registration process you can visit the ROC website and print out a registration form. Arrive at the meet with the completed form and be on the trail in no time. Bring the whole family for an afternoon of outdoor fun and adventure.

## **Renewal Reminder!**

This issue of the newsletter is being sent to everyone who was a member in 2001, but future issues will only be sent to active members. So to continue receiving this fine newsletter and getting discounts to local meets (in addition to supporting a worthwhile organization!), please renew promptly. (The membership application form is included in this newsletter.)

## **Orineteering Course Offered**

A six-session orienteering class where you can learn the basics of this exciting sport is being offered through Webster Continuing Education Program. The course is intended for people who have never orienteered and for people who have done some orienteering and are interested in improving their skills. It covers skills needed for the successful completion of White (beginners), Yellow (advanced beginners), and Orange (intermediate) courses. Text, *Orienteering Skills and Strategies*, \$25, is available on the first night of the class. Three classroom sessions and three outdoor sessions will be held on Mondays, starting April 22, from 7 to 9PM, at Webster Schroeder High School. For more information, call Webster Continuing Education at (585) 670-5039, or e-mail Dick Detwiler at RLShadow@aol.com.

## **Rochester Interscholastic Orienteering Championships**

The Rochester Orienteering Club is sponsoring the first annual Interscholastic Orienteering Championships on Saturday, May 4, at Mendon Ponds Park. Any middle or high school student is eligible and there is no participation fee. For registration or more information contact Rick Worner at

wornerkohn@aol.com or (585) 581-2979. Tip: register by Friday, April 26, to receive a preprinted map.

## **Orienteering Skills Camp**

The Rochester Orienteering Club and the Monroe County Parks Department are co-sponsoring an orienteering skills camp for students. Orienteering is a growing sport that combines map reading and running through the woods. Numerous opportunities exist for competition in Rochester and throughout the United States and Canada.

Two groups will be offered, both handled by certified orienteering coaches: one for beginners and another for more experienced orienteers. The emphasis will be on map reading and improving orienteering skills. Although there will be lots of physical activity, we will not emphasize physical training.

Camp date and time: June 26-28, 2002, 9 AM-3 PM daily.

Location: Mendon Ponds Park.

Registration and information: wornerkohn@aol.com or (585) 581-2979

Registration deadline: June 15, 2002

*Get the season off to a great start on April 14<sup>th</sup> at Durand Eastman Park.*

## Club Officers and Committee Chairs

**President:** Jim Tappan, 482-0993,  
Jim.Tappan@kodak.com

**Past President:** Dayle Lavine, 442-6358,  
Lavine@math.rochester.edu

**President-Elect:** Larry Zygo, 227-7618,  
Lzygo@aol.com

**Treasurer:** Kathy Bannister, 493-2219,  
Bannister26@earthlink.net

**Secretary:** Sandra Lomker, 426-6773

**Membership:** Doug Brooks, 624-4980,  
Brooksroc@aol.com

**Equipment (East Side) Sept-June:** Dayle  
Lavine, 442-6358,  
Lavine@math.rochester.edu

**Equipment (West Side):** Larry Zygo, 227-  
7618, Lzygo@aol.com

**Equipment (East Side) June-Aug.:** Jim  
Lavine, 442-1162, Jclavine@frontiernet.net

**Mapping Chair:** Dick Detwiler, 671-2437,  
RLshadow@aol.com

**Local Events Chair:** TBD

**Hotline:** Carol Moran, 377-8144,  
Pwtmoran@aol.com

**Newsletter:** Laurie Salladin, 436-9304,  
salladin@frontiernet.net

**Publicity Chair:** Rick Worner, 581-2979,  
Wornerkohn@aol.com

**Retail Map Sales:** Louise Cook, 293-3465,  
LMC@hlms.com

**Permanent O:** Tom Cornell, 426-6773,  
Tcornell@praxis-systems.com

**O-Education:** Laurie Salladin, 436-9304,  
salladin@frontiernet.net

Jim Russell, prussel2@rochester.rr.com

**Board of Directors members:**

Doug Brooks, 624-4980,

Brooksroc@aol.com

Bob Bundy, 586-9393,

rbundy1@rochester.rr.com

Dick Detwiler, 671-2437,

RLshadow@aol.com

Sergey Dobretsov, 265-3821,

sdobretsov@mail.ru

Dave Judson, 368-0077,

david.judson@kodak.com

Tim Lagerhausen, 288-6913,

Tim@TEL-Consulting.com

Jim Lavine, 442-1162,

Jclavine@frontiernet.net

Rick Lavine, 442-6358,

Lavine@math.rochester.edu

Lee May, 624-7698,

Lee-and-c@worldnet.att.net

Carol Moran, 377-8144,

Pwtmoran@aol.com

Jim Russell,

prussel2@rochester.rr.com

Laurie Salladin, 436-9304,

salladin@frontiernet.net

Kay Sheehan, 786-8312,

Sheehan1@frontiernet.net

Jim Tappan, 482-0993,

Jtappan@kodak.com

Rick Worner, 581-2979,

Wornerkohn@aol.com

Larry Zygo, 227-7618,

Lzygo@aol.com

## General information on local meets

### Courses

The club this year will use the USOF "color" designations wherever applicable. A description of the courses is as follows:

Color	White	Yellow	Orange	Green	Red	Blue
Approx. distance	1.5 km	2.5 km	3.5 km	4.5 km	6.5 km	9.0 km
Difficulty	Easiest	Easy	Moderate	Hard	Hard	Hard

The White course is intended to be easy enough for first-time participants after a short introduction to the sport. Control points are generally on trails or similarly easy-to-locate features.

The Yellow course is slightly more difficult than the White course. Control points are generally placed close to but not right at easy-to-find features, such as on a knoll that is 50 m away from a trail junction.

The Orange course requires more map-reading and course-planning skills than the Yellow course. Controls will generally have a good attack point, but the attack point may be more subtle than on the Yellow course, or the control will be placed further from the attack point. The route choice from one control to the attack point for the next control is often less obvious than on the Yellow course.

The Green, Red, and Blue courses differ from each other only in length. At local parks, they are usually the most difficult course that can be set given the size and the terrain of the park. Map-reading, compass, and route-planning skills will be tested to a greater degree on this course.

Sometimes other courses may be offered, such as a Motala (a course which involves one or more map exchanges), or a Line-O or Score-O. These courses will be explained in the meet instructions at any meet which uses these formats.

### Fees

The entry fees to ROC meets are \$3.00 per map for ROC members and \$5.00 per map for non-members. If several people (a family group for example) enter as a group using the same map, the fee is still \$3.00 (members) or \$5.00 (non-members). A person or group can do a second course using the same map for no additional charge (if you complete the Short course and decide to try the Medium course, for example).

### Beginner instruction

Beginners are always welcome; there is an informal beginners' clinic approximately 15 minutes after the beginning of the event, and all meets offer a course suitable for beginning orienteers.

### Contacts

**ROC Hotline:** 716-377-5650 (directions to meet sites, any last-minute changes, etc.)

**ROC web site:** <http://members.aol.com/RLShadow/ROCHome.HTM> (note: the address is case sensitive)

**Central New York Orienteering (CNYO) web site:**

<http://cnyo.us.orienteering.org/cnyo/>

**Golden Horseshoe Orienteering (GHO) (Niagara/Hamilton region) web site:** <http://www.icom.ca/~gho>

---

## Meet Schedule

---

### *Upcoming Rochester-area events*

**April 14** **Durand Eastman Park (eastern section).**  
Annual  
Ice-  
Breaker

Log Cabin Road.

**Description of terrain:** Large park. Mixture of open land, open woods, limited thick woods, some complex contour terrain, extensive trail network, very hilly in most parts. Important note: Golf course is off limits! Please respect this rule.

**Registration and starts:** Noon to 2:00 p.m.

**Courses:** White, Yellow, Orange, Green.

**Directions:** Take NY 590 north to Durand Blvd (last stop light before the end of 590). Go left on Durand Blvd (which will become Lakeshore Blvd) for about 1 miles to Log Cabin Road. Turn left of Log Cabin Road.

**Meet Director:** Larry Zygo, (585) 227-7618

**April 27** **Badgerow Park.** Our newest mapped orienteering area!

**Registration and starts:** Noon to 2:00 p.m.

**Courses:** White and Yellow.

**Directions:** Located near Dewey and Latta roads in the town of Greece. Call Hotline for specific directions.

**Meet Director:** Rick Worner, (585) 581-2979

**May 4** **Mendon Ponds Park.** Cavalry Lodge.

National  
Orienteer-  
ing Day

**Description of terrain:** The largest park for orienteering in the immediate Rochester area. Mixture of open land, open woods, some thick woods, some complex contour terrain, extensive trail network. Potential for long and challenging advanced courses.

**Registration and starts:** Noon to 2:00 p.m.

**Courses:** White, Yellow, Brown, & Green.

**Directions:** Take I490 east to I590- Go south on I390 to Monroe Ave exit. Go east on Monroe Ave to Clover Street. Go south on Clover Street about 6 miles to Canfield Road (the northern-most park entrance)(Canfield Rd is the first left after you've passed over the Thruway). Follow signs to start.

**Contact:** TBD; please call the Hotline.

**May 25** **Black Creek Park.** West side of park.

**Description of terrain:** Relatively flat. Large park, extensive trail network.

**Start:** Noon to 2:00 p.m.

**Courses:** White, Yellow, Orange, Green.

**Directions:** From Interstate 490,

**Contact:** Jim Russell

**June 2** **Canoe-O on Irondequoit Creek.** Start at Bay Creek Paddling Center, on Empire Blvd.

**Contact:** Call Hotline for starting time.

**June 15** **Letchworth State Park, West Side.** 9:00 a.m.: Skills workshop. Noon to 2 p.m.: Regular meet.

Call Hotline as event approaches, for more details.

### *Upcoming events outside of the Rochester area*

**May 4** **CNYO.** Pratts Falls County Park, Camp Brockway, Pompey, NY. National Orienteering Day/Scout-Youth-Family Group Training Event  
Meet director: Barb Sleight (315) 458-6406

**May 5** **BFLO.** Emery Park near East Aurora. White, Yellow, and Orange courses.  
Meet director: Phil Wolfling, (716) 832-9758.

**May 18** **BFLO.** Sardinia Forest  
Score-O. Mass start 11:30 AM.  
Meet director: Greg Hyatt (716) 839-1605.

**June 8** **CNYO.** Dwyer Memorial Park, Little York, NY. Empire State Senior Games/Recreational Run with the Seniors O  
Meet directors:  
ESSG: Barb Sleight (315) 458-6406  
Recreational: Shawn Forney and Pete Dady.

**June 9** **BFLO.** Chestnut Ridge Park near Orchard Park. White, Yellow, Orange, and special Long White for runners. Meet director: Dave Cady (716) 837-3737.

**June 16** **CNYO.** Pratts Falls County Park, Pompey, NY.  
Daddy-O

Meet director: Shawn Forney (315)-472-6518

(See CNYO web site for detailed contact information for their meets)

Before travelling to *any* meet, please call the Hotline at (716) 377-5650. Meet locations, details, and schedules may change at any time – the Hotline will *always* have the latest info!

## National Orienteering Day 2002

Over 50 orienteering events are scheduled across the country on the first weekend of May to celebrate the annual National Orienteering Day. Join the festivities in Rochester at our meet at Mendon Ponds Park on May 4<sup>th</sup>.

Come by yourself or bring your friends and family. Each of the NOD 2002 events features newcomer instruction, a variety of courses, a souvenir topographic map, and a chance to take home some sponsor prizes.

## Board of Directors Meeting Minutes

The annual meeting of the ROC Board of Directors was held Saturday, January 19, at Carol Moran's home. The following were elected to serve as officers for the year 2002:

President: Jim Tappon  
President-elect: Larry Zygo  
Past-President: Dayle Lavine  
Treasurer: Kathy Bannister  
Secretary: Sandra Lomker

New Directors were elected at the Annual Meeting of the club on December 2: Bob Bundy, Laurie Salladin, Sergey Dobretsov, and Tim Lagerhausen. Five members were reelected: Lee May, Carol Moran, Jim Russell, Rick Worner, and Larry Zygo. Five members have one more year of service: Dick Detwiler, Jim Lavine, Rick Lavine, Dave Judson, and Kay Sheehan.

After a lengthy discussion regarding the purchase of a tent(s), the Board decided to borrow a tent from B.S. Troop 127 before purchasing any. The size, style, and use will then be determined.

A Board committee has been working to establish a 3-5 day summer camp for 2002. The goal this summer will be to develop Junior competitive orienteers. The camp is a collaborative effort between ROC and the Monroe County Parks Department and will be held from June 26-28 at Mendon Ponds Park.

The BOD prioritized upcoming mapping projects, the first being to update the MPP map. This should be completed and field checked by late spring.

The 2002 schedule of events is ready! All members are asked to consider volunteering to help at one or more local meets. Consult the Volunteer list on the Website or sign up on the poster available at all ROC activities.

The BOD voted to purchase electronic punching equipment to include 30 controls and straps, 50 fingersticks and other necessary items at an approximate cost of \$3500. This new system will be an option for advanced courses at local meets, hopefully starting May 4<sup>th</sup>, National Orienteering Day.

Several donations were approved : \$50 Friends of Letchworth, \$25 Naturalists at Letchworth, \$100 CCC project for statues, and ROC membership to B.S. Troop 127, Ontario, for lending equipment.

The next BOD meeting will be June 2. ALL are welcome to attend any BOD meeting and/or to help with any project. Consult the Hot Line or Website for more information or talk to a Board member.

## Permanent Course Finishers

Our congratulations to the recent permanent finishers:

### Mendon Ponds Park

The Kaminsky Family, Rochester, NY	10/24/01
Joe and Paula Seyfried, Webster NY	11/06/01
Stephen A. Van Ness, Wellesley, MA	1/2/02
Christopher Lehfeltdt, Rochester, NY	1/2/02

### Durand Eastman Park

Joe and Paula Seyfried, Webster, NY	11/01/01
-------------------------------------	----------

*Designer O-Wear: Sandra Lomker and Tom Cornell pose in the shirts Tom designed for the Genesee Valley Classic A-Meet last fall. Read more about the A-Meet in our next newsletter.*

## USOF Short Course Championships

Are you looking for national level experience? US Short Course Championships will take place on Saturday, May 18, on historic Mt. Penn at Reading, PA, following by an A-meet on Sunday. Send your registration by April 26 to avoid late fees and check out the DVOA web site for more information:

<http://www.dvoa.us.orienteering.org/mtpenn/index.html>

# Results from local events

## Annual Mendon Trail Run

November 10, 2001

5 KM					Division
Overall	Time	Name	Division	Place	
1	21:11	Michael Tarantino	M14-19	1	O
2	24:25	Dave Yendrzski	M40-49	1	
3	24:56	Mike Geary	M10-14	1	
4	25:46	Chris Norment	M50-59	1	
5	29:07	Ed Buckley	M30-39	1	
6	29:47	Brian Geary	M40-49	2	
7	30:58	B. Brooks	M30-39	2	
8	31:15	Alisha Bacci	F20-29	1	O
9	31:29	Patrick Lavell	M40-49	3	
10	32:58	Carolyn Kreissen	F50-59	1	
11	33:28	Brian Harner	M30-39	3	
12	33:47	Sara Adams	F20-29	2	
13	33:53	Sara Lane Ayer	F30-39	1	
14	34:36	Chris Quinlan	F30-39	2	
15	34:47	Tracy Sesselberg	F30-39	3	
16	35:08	Allison Martinez	F20-29	3	
17	35:08	Luis Martinez	M50-59	2	
18	36:18	Leslie Carlson	F30-39	4	
19	37:18	Mark Hunneyman	M40-49	4	
20	37:35	Lisa Roberts	F40-49	1	
21	38:26	Tom Schwartz	M14-19	2	
22	38:24	Barbara Pedeville	F30-39	5	
23	38:39	Ann Schwartz	F40-49	2	
24	38:57	Laura Diehl	F30-39	6	
25	38:58	Susan Allison	F30-39	7	
26	39:47	Kathy Calkins	F30-39	8	
27	39:54	Debbie Bernstein	F40-49	3	
28	48:39	Mary Mallaber	F30-39	9	
29	49:16	William Pow	M70-79	1	
30	56:42	Cheryl Detwiler	F50-59	1	

10 KM					Division
Overall	Time	Name	Division	Place	
1	46:13	Ed Despard	M14-19	1	O
2	46:14	Dan McSorley	M30-39	1	
3	46:33	William Zwerger	M30-39	2	
4	47:13	Jim Bleakman	M30-39	3	
5	47:25	Andy Smith	M40-49	1	
6	47:31	James Yorio	M40-49	2	
7	48:55	Dahl Angus	M30-39	4	
8	50:24	Thomas Haelen	M30-39	5	
9	50:25	Jeff Zygo	M14-19	2	
10	51:25	Doug Lindke	M40-49	3	
11	52:57	James Crocker	M30-39	6	
12	53:12	Michael Keenan	M30-39	7	
13	53:59	Mark Woodham	M40-49	4	
14	54:32	Linda Drinkwater	F40-49	1	O
15	54:41	Bob Massey	M50-59	1	
16	55:46	Brendan Gnall	M50-59	2	
17	55:51	Dick Detwiler	M50-59	3	
18	56:04	Tim Murphy	M30-39	8	
19	56:10	Bill Pixley	M50-59	4	
20	57:51	Ralph Mowry	M40-49	5	
21	58:00	Joanne Massey	F50-59	1	

22	58:29	Dan Judd	M40-49	6	
23	58:41	Sue Gwynn-Handley	F50-59	2	
24	60:06	Jeff Schumacker	M40-49	7	
25	60:17	Robin Lyle	F30-39	1	
26	60:44	Brian Roode	M20-29	1	
27	61:09	Tracy Bilhorn	F30-39	2	
28	61:11	Kent Hughes	M40-49	8	
29	63:17	Dan Katz	M40-49	9	
30	63:23	Kimberly Gaylord	F30-39	3	
31	63:31	Chris Maenza	M60-69	1	
32	63:53	Pete Gordon	M30-39	9	
33	65:29	Marissa Gordon	F30-39	4	
34	65:30	Mark Handley	M50-59	5	
35	66:55	Harriet Young	F30-39	5	
36	67:33	Michelle Costello	F30-39	6	
37	67:55	Marie Green	F40-49	2	
38	69:11	Teri Frederikson	F30-39	7	
39	69:45	Jeanna Walsh	F30-39	8	
40	69:54	Richie Merriam	M14-19	3	
41	69:55	Richard Merriam	M40-49	10	
42	70:58	Jackie Marchand	F40-49	3	
43	71:59	Stacey Vandenburgh	F30-39	9	
44	72:27	Carol Hinz	F20-29	1	
45	72:27	Jeremy Hawkinson	M30-39	10	
46	74:06	Steve Presser	M40-49	11	
47	74:45	Bob Bundy	M50-59	6	
48	76:06	Paul Campbell	M50-59	7	
49	76:34	Debbie Crandall	F30-39	10	
50	77:06	Richard Thomas	M40-49	12	
51	77:13	Erica Thomas	F20-29	2	
52	77:26	Donald Coulter	M50-59	8	
53	77:41	Donna Brick	F30-39	11	
54	77:42	Patty Hednick	F30-39	12	
55	80:21	Wanda Schubmehl	F50-59	3	
56	80:39	Michelle Wolniewilz	F40-49	4	
57	80:54	Sarah Lavell	F40-49	5	
58	80:55	Holly Geary	F40-49	6	
59	80:56	Kathyrn Entschel	F30-39	13	
60	80:57	Louise Harris	F40-49	7	
61	82:01	Linda Jones	F40-49	8	
62	82:43	Sandy Pearl			

20 KM					Division
Overall	Time	Name	Division	Place	
1	86:54	Dennis Moriarty	M40-49	1	O
2	97:27	David Jones	M40-49	2	
3	97:40	Lawrence Creatura	M30-39	1	
4	97:55	John Hultz	M40-49	3	
5	99:15	Frank Quattrone	M40-49	4	
6	102:36	Robin Merrill Lornezo	F30-39	1	O
7	106:01	Lisa Plescia	F40-49	1	
8	107:31	Matthew Quinlan	M30-39	2	
9	108:19	Vincent Luongo	M40-49	5	
10	110:46	Gary BLato-Vallee	M30-39	3	
11	110:49	Ron Cradall	M40-49	6	
12	112:33	Scott Standhart	M20-29	1	
13	113:22	Mark White	M40-49	7	
14	113:59	Jim Palmeri	M50-59	1	
15	114:09	Tom Thompson	M50-59	2	
16	116:43	Barry Watkins	M50-59	3	
17	117:48	Linda McKeadricks	F30-39	2	
18	117:49	Chris Kozik	F30-39	3	
19	117:50	Scott Preston	M12-19	1	
20	118:20	Amber Wyman	F30-39	4	

21	119:44	David Newman	M40-49	8
22	120:59	Mary White	F30-39	5
23	125:54	Pat Holden	M50-51	4
24	128:07	Fritz Davis	M30-39	4
25	130:23	Vicki Dutilliehl	F40-49	2
26	130:58	Gary Reece	M40-49	3
27	135:25	Richard Ware	M50-59	4
28	135:26	Dan MacPherson	M40-49	4
29	135:38	Lydia McCabe	F40-49	3
30	135:53	Linda Vallee	F40-49	4
31	135:01	G. Hooshmand		
32	136:17	Burt Beaucock	M40-49	4
33	149:42	Bruce Oliver	M60-69	1

Lee Doohan	10	80	10	
Sandra Lomker	10	79	10	
C & B Rogers	7	70	7	
J&G Day	6	74	6	
Ceci family**	7	120	-30	0

\*Dave, Mary Anne, Stephen, Sarah, John, & Lydia  
 \*\*Mary Anne, Alex, Ben, & John

## Webster Park Score-O

January 26, 2002

50 KM				Division
Overall	Time	Name	Division	Place
1	4:40:57	Sven Buchmeister	M30-39	CR 1 O
2	4:57:37	Tom Perry	M50-59	1
3	5:02:20	Jason Cavall	M30-30	2
4	5:48:37	Chester Jozefski	M40-49	1
5	5:56:48	Mark Semon	M30-39	3
6	6:11:26	Barry Erickson	M50-59	2
7	6:13:11	Linda Brooks	F40-49	CR 1 O
8	5:15:59	Tom Power	M30-39	4
9	6:21:20	John Prohira	M40-49	2
10	6:30:50	Richard Cronise	M40-49	3
11	6:34:23	Dan Lopata	M30-39	5
12	6:36:12	Diane Jozefski	F30-39	1
13	6:38:35	Patrick O'Neill	M40-49	4
14	7:14:15	Art Weaver	M50-59	3
15	7:19:48	Joe Packard	M30-39	6
16	7:23:03	Ruth Childs	F20-29	1
17	7:23:03	Paul Verrette	M20-29	1
18	7:26:22	Arthur Moore	M60-69	1
19	7:56:36	Gary O'Connor	M40-45	5
20	5:07:00	Norm Frank	30K	
21	4:23:00	Mark Moribella	30K	
22	2:04:00	Angus Williams	20K	

O: Overall 1<sup>st</sup> place on the course

CR: New course record

## Mendon Ponds Park Score-O

January 12, 2002

NAME	SCORE	TIME	PEN.	FIN. SCORE
Larry Zygo	22	92	-2	20
Pavel Korniliev	19	90		19
Tim Russell	18	86		18
Jim Russell	18	87		18
Joel Shore	18	89		18
John Lam	17	87		17
Jay Crocker	17	79		16
Linda Kohn	16	81		16
Mike Allen	16	90		16
G&M Orlosky	14	89		14
Rick Slattery	13	86		13
Laurie Salladin	13	87		13
Gary Castozzo	12	86		12
& Jackie Marchand				
Irina Kalinouk	11	84		11
Albonesi family*	11	85		11
Bob Bundy	16	95	-5	11
Carol Moran	10	73		10

NAME	SCORE	PENALTY	FIN. SCORE
Matt George	600		600
Larry Zygo	600		600
Sergey Dobretsov	600		600
Korniliev, Pavel	600		600
Detwiler, Dick	600		600
John Lam	570		570
Jim Tappon	560		560
Rick Lavine	560		560
Joel Shore	560		560
Dayle Lavine	540		540
Mike Allen &			
Tom Loftes	540		540
Jay Crocker	540		540
Erin Colquitt	500		500
Ravi Nareppa	500		500
Divya Beven	500		500
Michele Orlosky	490		490
Kiran Hedge	490		490
Jonathon &			
Susie Powers	470		470
Glenn Orlosky	490	-30	460
Ken Masker	450		450
Ron & Laurie Salladin	430		430
Jack &			
Tom Wallenhorst	550	-120	430
Nadia Alber &			
Julia Vasiliauskas	430		430
Bob Bundy	420		420
Jackie Marchand	400		400
Tom Blasiak	400		400
Stephen, Sara &			
Mary Ann Albonesi	390		390
Pat Russell	360		360
June Reeves &			
Zach Smith	350		350
D. Briden	360	-40	320
Theresa Meglino &			
Charles Ruhland	300		300
Ksenie Dobretsova	240		240
Tim & Alex Ruhland	210		210
Brian Masker	210		210
Chris Vallone	440	-230	210
Chuck Rogers	200		200
Holahan Family	180		180
Lee Dohan	150		150
Beverly & Allan Reeve	130	-30	100
Erica Mudrak, Julie Eaton, &			
Ke Cheng	240	-170	70
Michael Yunker	300	-270	30
Total number participants			56

## Rochester Orienteering Club membership application form

Please enclose annual fee for dues:

- |   |   |
|---|---|
| <input type="checkbox"/> \$5 for one-year student membership (high school or younger) | <input type="checkbox"/> \$15 for one-year organization membership (example: Scout group) |
| <input type="checkbox"/> \$5 for one-year newsletter only (no discount at meets)      | <input type="checkbox"/> \$25 for three-year individual membership                        |
| <input type="checkbox"/> \$10 for one-year individual membership                      | <input type="checkbox"/> \$40 for three-year family membership                            |
| <input type="checkbox"/> \$15 for one-year full family membership                     | <input type="checkbox"/> \$150 for life membership  |

	First name	Last name	Birthdate
Self:	_____	_____	_____
Spouse:	_____	_____	_____
Children:	_____	_____	_____
	_____	_____	_____
	_____	_____	_____
Street:	_____		
City:	_____	State: _____	ZIP: _____
Phone:	_____		e-mail: _____

Indicate if: New membership  or Renewal

Please enclose a check payable to the Rochester Orienteering Club and mail to our club membership chairman:  
 Doug Brooks  
 74 Stoney Lonesome Road  
 Honeoye Falls, NY 14472  
 (e-mail: BrooksROC@aol.com)

(Your membership will be up for renewal in January.)

## Consider joining the USOF

If you are not already a member of the USOF (United States Orienteering Federation), please consider joining. With the membership, you get a subscription to O/NA (Orienteering North America), an outstanding publication that is issued 8 times per year. USOF membership also includes a discount to all "A" meets (nationally sanctioned meets). A membership application is included on this page.

### Application for Membership to the United States Orienteering Federation

P.O. Box 1444  
 Forest Park, GA 30298

Please print. Make checks payable to USOF.

Date \_\_\_\_\_ Year Born \_\_\_\_\_  
 Name \_\_\_\_\_  
 Street \_\_\_\_\_  
 City/State/ZIP \_\_\_\_\_  
 Home phone \_\_\_\_\_  
 E-mail \_\_\_\_\_

If family membership, list other persons:

Name	Year born
_____	_____
_____	_____
_____	_____

New member  Renewal  
 Member of USOF club? Club \_\_\_\_\_

- Individual \$25 member of USOF club  Individual \$30 member at large  
 Family \$30 if member of USOF club  Family \$35 members at large  
 Student \$10 (21 and under)  
 Junior \$5 (18 and under/no vote/no magazine)  
 Student / Junior: School attended \_\_\_\_\_  
 Individual Life \$450  Family Life \$540 (inc. children under 18)

For mailing O/NA overseas (except APO and FPO):  
 Surface \$5 extra  Airmail, \$25 extra

*Nathan Menendez from Pennsylvania flying through the woods at Lethworth State Park.*

## Thank you! ROC Volunteers for 2001

Dayle Lavine	Linda Kohn	Paul Schwartz	Tom Witzel
Larry Zygo	Sergey Dobretsov	Carolyn Lavine	Jean Witzel
Susan Aiello	Doug Brooks	Pat Russell	David Cornell
Jim Russell	Ken Masker	Tim Russell	Ron Salladin
Tom Lamme	Divya Beven	Ravi Nareppa	Sandra Lomker
Rick Lavine	Jack Wallenhorst	Pavel Korniliev	Anita Cornell
Bob Bundy	Karl Kolva	Perette Barella	Cheryl Detwiler
Bob Goodwin	Louise Cook	Kat Ehas	Bob Grant
Jim Lavine	Dan Burge	Tom Cornell	Kerstin Gunter
Mark Haydanek	Randy McGarvey	Mary Beth Masker	Dave Judson
Kathy Bannister	Eric Barbehenn	Darlene Eastland	Dave Levine
Kathy Reich	Pege Brooks	Rick Worner	Lee May
Kay Sheehan	Roger Keeney	Laurie Salladin	Joel Shore
Dick Detwiler	Carol Moran	Kathy Eisley	Rick Slattery
Jim Tappan			

You helped out but don't see your name on the list? We deeply apologize, please let us know so we can update it.

You did not help, but would like to see your name here? Don't worry, there are plenty of opportunities available this year, just check out the club web site at <http://members.aol.com/~RLShadow/Volunteers.htm>.



c/o R. Detwiler  
422 Woodland Lane  
Webster, NY 14580

**First Class**