



The Wild Times

August 2018

ROC helpline: (585) 310-4ROC (4762) Web site: roc.us.orienteering.org
Find us on Facebook and on Meetup.com

The official newsletter of the Rochester (NY) Orienteering Club

ROC President's Corner... by Doug Hall

"A volunteering safety bearing"

Many of us have had the experience while orienteering of becoming "lost". I have had this experience myself on more than one occasion. It can feel scary not knowing exactly where you are, especially when you don't see or hear other runners. However, there is almost always a sure-fire way to get back to civilization. The "safety bearing" can help you find a road or path to get back to the lodge.

It has occurred to me that I have never been truly lost; I always had that safety bearing. I also was never truly alone, because there were people who knew where I had gone and who were awaiting my return. They even knew approximately how long I had been out in the woods. Those people weren't even that far away, really. Coming to this realization turned a scary experience completely on its head. It felt pretty good!

Our club is made up of really great people. Volunteers organize and run all of our events, which is one of the reasons why orienteering is such a great bargain in the realm of sports and recreation. There are people who volunteer to create or update the highly detailed maps we all use. Other people volunteer to design multiple courses for an event, so everyone who shows up has an appropriate choice available to them. Some people volunteer to bring food and beverages to the events. These are very important people! Volunteers help everyone sign in at events and offer helpful instruction for novices. Volunteers stick around after the event to pick up and pack up all the equipment. Volunteers keep track of club finances, charter, website, email lists, renting lodges at the parks, event timing, and more!

There is quite a bit that goes on behind the scenes. Volunteering is very important to our club. Maybe you'd like to help out in some capacity, but if you're new to all this it might sound like an overwhelming burden to put on just one orienteering event. But, just like that moment of panic in the woods, it just takes another moment to figure out that you're not truly lost. So what's your "safety bearing"?

Where do you head to become a volunteer? The club website has a "Volunteer" page at <http://roc.us.orienteering.org/volunteer>. You can start there, sign up to help at an event, and when you get to the event just let folks know you're there to help. If you need a little guidance for the task for which you've volunteered, just ask. You're not alone. There are plenty of other people who are waiting for you.



2018 Club Officers and Committee Chairs

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General information on local meets

Courses

The club uses the OUSA "color" designations wherever applicable. A description of the courses is as follows:

Color	White	Yellow	Orange	Brown	Green	Red	Blue
Approx. distance	2-4 km	3-5 km	4-7 km	3-5 km	4-7 km	6-10 km	8-14 km
# of controls	4-12	5-12	8-12	8-12	8-12	8-15	10-18
Difficulty	Easiest	Easy	Medium	Hard	Hard	Hard	Hard

The White course is intended to be easy enough for first-time participants after a short introduction to the sport. Control points are generally on trails or similarly easy-to-locate features.

The Yellow course is slightly more difficult than the White course. Control points are generally placed close to but not right at easy-to-find features, such as on a knoll that is 50 m away from a trail junction.

The Orange course requires more map-reading and course-planning skills than the Yellow course. Controls will generally have a good attack point, but the attack point may be more subtle than on the Yellow course, or the control will be placed further from the attack point. The route choice from one control to the attack point for the next control is often less obvious than on the Yellow course.

The Brown, Green, Red, and Blue courses differ from each other only in length. At local parks, they are usually the most difficult course that can be set given the size and the terrain of the park. Map-reading, compass, and route-planning skills will be tested to a greater degree on this course.

Sometimes other courses may be offered, such as a Motala (a course which involves one or more map exchanges), a Trail Challenge (long course with easy control placement), a Line-O or Score-O. These courses will be explained in the meet instructions at any meet that uses these formats.

Entry fees

The entry fees to ROC meets are \$6 per map for ROC members and \$10 per map for non-members. If several people enter as a group using the same map, the fee is still \$6 (members) or \$10 (non-members). There is a \$1 discount if you use Online Registration (see below). The White and Yellow courses are \$5 per map. A person or group can do a second course for \$2 additional charge.

Beginner instruction

Beginners are always welcome; there is an informal beginners' clinic approximately 15 minutes after the beginning of the event, and all meets offer a course suitable for beginning orienteers.

Schedule – July through December

Rochester Area

Wednesday, July 25	“Summer Score-O Series #2” Genesee Valley Park , Mass Start at 6:30 p.m., White course 6:00 – 6:45 p.m.
Thursday, August 9	“Summer Score-O Series #3” Basil Marella Park , Mass Start at 6:30 p.m., White course 6:00 – 6:45 p.m.
Thursday, August 23	“Summer Score-O Series #4” Seneca Park , Mass Start at 6:30 p.m., White course 6:00 – 6:30 p.m.
Saturday, September 15	Genesee County Park Classic Event, Starts 10:00 a.m. - Noon
Saturday, September 29	Mendon Ponds Park , Stewart Lodge, Classic Event, Starts 10:00 a.m. - Noon
Sunday, October 14	Alasa Farms Classic Event, Starts, Noon – 2:00 p.m.
Sunday, October 28	Genesee Country Museum Classic Event, Starts, Noon – 2:00 p.m.
Saturday, November 3	Mendon Trail Run Mendon Ponds Park, Stewart Lodge 8:00 a.m. 50K 9:30 a.m. 10K, 20K, 30K
Saturday, November 10	Night-O Ellison Park, Hazelwood Lodge Mass Start at 6:00 p.m.,
Sunday, December 2	Annual Meeting Powder Mills Park, Wadhams Lodge Starts TBD
Sunday, January 13	Mendon Ponds Park , Winterfest Stewart Lodge, Beginner/Intermediate Ski-O Event, Starts TBA
Saturday January 26	Mendon Ponds Park , Ski-O Event, Starts TBA
February 2019	Ski-O TBD

Before traveling to any ROC meet, please call the Helpline at (585) 310-4762 or visit our web site.

Meet locations, details, and schedules may change at any time – the Hotline and web site will always have the latest info!

Outside of Rochester Area

See web sites of the sponsoring club for details.

Saturday, August 25 cancelled	Ellicottville Adventure Run and Hike — CCC Camp Seneca— 6 hour start at 11am, 3 hour start at 1pm
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Saturday, October 6	BFLO Schoellkopf Scout Camp Score-O, 11:00 a.m. - 2:00 p.m.
Sunday, November 4	CNYO Turkey O in Highland Forest Park, Fabius, NY

Contact information

ROC Helpline: (585) 310-4ROC (4762) (directions to meet sites, any last-minute changes, etc.)

ROC web site: <http://roc.us.orienteering.org>

Orienteering USA web site: <http://orienteeringusa.org/>

Buffalo Orienteering Club (BFLO) web site:
<http://www.buffalo-orienteering.org/>

Central New York Orienteering (CNYO) web site:
<http://cnyo.us.orienteering.org/>

Don't Get Lost Adventure Running (Niagara/Hamilton region) web site: <http://www.dontgetlost.ca/gho/>

Empire Orienteering Club (EMPO) (Albany area) web site:
<http://empo.us.orienteering.org>

Other clubs: See Orienteering USA web site.

Permanent Course Finishers

Congratulations to the following for completing the permanent orienteering courses since the last issue of the Wild Times!

Letchworth: Meagan MacRae



EMPO's O'Ringen

from OUSA's July E-Newsletter

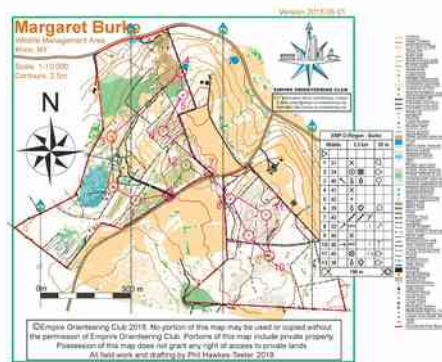


Don Winslow had a chance to orienteer with the Albany club last month at a special event involving orienteering at 5 separate parks all in a single day! Could we do this in Rochester? Webster Park, Abraham Lincoln Park, Irondequoit Bay Park West, Durand Eastman, Camp Eastman.... call it O'Ringen around the bay?

Read on ...

At the mapping clinic held by Peter Goodwin at Letchworth Park last year, Phil and Sue Hawkes-Teeter of Empire Orienteering Club in New York had a discussion with Pete and Lex Bundschuh who described an event that UNO had held a number of years ago, involving using several different maps on a single day. Sue thought this was a great idea, and Phil worked out a way to do it, using a series of five maps (which he had made or significantly updated), all relatively close together in the area they call home, the Albany County "Hilltowns." The plan was to present a series of short and medium length courses on the five maps. The event was also patterned to some extent on the much larger O'Ringen event that has taken place in Sweden for many years, offering courses for all levels over a period of days. Well, the EmpO'Ringen was compressed into one day in early June. There were registration/start windows designated for each course, and other club members served as event directors at the middle three map locations while Phil headed up the first and last locations. Total straight line distance for the two options were about 7.2 km for the short (advanced-beginner difficulty), and 15.5 for the medium (advanced difficulty), if you were to compete on all five maps. As at all organized events, you had the option to only compete in a few races; most competitors chose the challenge of doing all five.

Despite a foggy start to the morning (after overnight rain!), the EmpO'Ringen, beginning on a newly produced map of Margaret Burke WMA, attracted competitors from near and far. Fields which had contained short grass only a few weeks ago were more mature, creating a need for close attention to the map here. The other locations were Camp Pinnacle (start location for the 2006 Long [Ultralong] Champs), Cole Hill State Forest, Switzkill Farm Town Park, and Foxenkill Flats (land surrounding the Berne-Knox-Westerlo schools). By the time we reached Switzkill Farm the skies were much clearer and the temperature rose, but not excessively so.



While HVO's Jeremy Colgan was fastest overall on the courses, he registered a missing punch at Camp Pinnacle when he stopped to help a distressed orienteer then forgot to punch. He was credited with a "Sporting Withdrawal." So EMPO's own Frank Boscoe was declared the winner for the day on the Medium courses, and Janet Tryson prevailed on the Short.

The help of the club members directing start/finishes and control collection after the races was invaluable. Sue Hawkes-Teeter served as vetter and co-director, helping everything go smoothly and also serving as hostess for the post-event barbecue.

Equipment: EMPO owns almost enough equipment to handle this event, but not quite. We had enough SI units and flags for the control locations, but not enough stands, so at a number of locations we hung the SI unit on the flag by running the hanging string through the hole (not a universally liked method, but needed here). Using this method actually helped speed-up the control placement and pickup processes. The other equipment requirements were for computer(s) and printer(s). We had computers or print-out stations available for all locations but one (so you needed to download at the next map before proceeding).

If you want to find out more, or advice for tweaks to the format, contact Phil. His address is on the EMPO website

Edinburgh Big Weekend 2018 by Heidi Hall

In January, Doug and I attended the Edinburgh Big Weekend in Scotland. The event was hosted by the Edinburgh University Orienteering Club (EUOC) with 4 courses over 3 days. This year was the 10th running of the Big Weekend event which is the main fund raiser for the University Club. Friday night featured an indoor event and a night time outdoor sprint. Saturday was an urban event and Sunday wrapped up with a classic event at Arthur's Seat in Holyrood Park. It was a great opportunity to visit one of our favorite cities and get in some unique orienteering!

We arrived in Edinburgh Friday morning and after a brief rest at the hotel, we headed over to the first 2 events on the University Campus. Some people ran the indoor event first and others started with the sprint. The indoor event was held in the physics building. The building had 8 floors with some odd hallways, 6 different staircases and various fire doors, some of which opened and some of which were fixed closed. You could tell which ones would open by how thick the line was on the map! (all maps are posted to http://www.rstrain.ndtilda.co.uk/results_18/euoc_bw/) All controls were placed in hallways although some were out of direct view in alcoves in public areas. The staircases were labeled in the stairwells by letters (A-F) and marked the same on the map. Not all staircases connected all floors so depending on which floors you were traveling between, you had to choose the correct staircase. One of the upper floors had an outdoor terrace and after you found the door that was open to the outside, you could make your way out onto the slippery terrace and slide around to the controls before heading back in. Did I mention that it was right around freezing temperature and slightly wet (icy) all weekend? All in all the indoor event was a blast running through the halls and up and down stairs with the other competitors. Keeping track of direction was more challenging that you'd expect with all the hallways looking similar especially as you exited a stairwell and had to orient yourself. The final control was particularly tricky as I ended up having to go up 2 floors and back down 2 floors on a different staircase to get there. The outdoor sprint started a few buildings away from the indoor event. It seemed like a pretty typical sprint event except for being in the dark (we packed our headlamps!) and the pavement was extremely icy in places. Is ice-skate-o a thing?

We stayed at a hotel that was located fairly close to all the event starts. Saturday morning, while eating breakfast in the hotel lobby before the event, we looked out and noticed one of the event volunteers trying to set out a control in a raised garden in front of the hotel. Unfortunately, the security guard wouldn't allow that! The start was located at George Heriot's School which we were told was the inspiration for Hogwarts. It certainly looked the part.

Figure 1 George Heriot's School



At the start, it was announced that due to the icy conditions, all results for the urban event would be voided for safety. The event was supposed to be part of two different orienteering series in the area. In spite of the conditions and canceled results, over 400 people started the event!

Edinburgh is a unique city.

Figure 2 A View of Edinburgh castle in the distance (upper right) from the finish of the Urban Event.



The castle sits on a peak in the center of town so it can be seen from many different points and kept popping into view as I made my way through the 34 controls on my map. The city is built on multiple levels with some roads passing underneath other roads (hey how do I get

down there??) and many small pedestrian alleys (known locally as Closes and Wynds) with staircases that made route choices quite interesting.

Since results didn't matter, I played tourist along the route and stopped to take pictures. I mean, how often do you pass a sign for the best Haggis restaurant on an orienteering course?



Figure 3 No time for haggis during the event but we had some later in the weekend

There are many walking tours offered through Edinburgh and one control took us into a courtyard where a bunch of tour groups had gathered. There's nothing like having an audience on the course. I think orienteering makes for a really great walking tour of a city! Unfortunately Doug literally fell victim to the icy conditions and ended up horizontal on the sidewalk with a headache. Another orienteer helped him up and he continued on slowly through the rest of the course. She checked on him again when we saw her at the finish. Luckily Doug's headache was better later in the day.

Saturday night, the weekend celebration continued with a traditional Scottish Ceilidh (pronounced Cal-lee) which is something like a square dance or group line dance. A live band played music and a caller gave instructions for the dance steps. We joined in for one dance but mostly just enjoyed spectating and listening to the music. Since the Big Weekend took place shortly before Burns Night (the birthday of Scottish Poet Robert Burns) we were even treated to an amateur reading of Robert Burns' poem "Address To A Haggis" followed by some haggis sampling. A local told us the students' performance wasn't quite up to standards but it was the best (and only) reading of the poem we've ever heard and we could barely understand a word of it!

Figure 4 Dancing at the Ceilidh



Finally, Sunday was the classic event at Arthur's Seat, a 610 ft tall (37 contours at 5m) hill in Holyrood Park at the edge of town. Again the icy weather made the event challenging. When I packed for the trip, I was trying to keep my carry-on bag light so I made the mistake of only packing trail shoes and not my O-shoes. I almost quit during the walk to the start since I was convinced that I was going to slide off the side of the hill. Once I made it to the start though, I decided to at least try the first few controls and see how the conditions were. I ended up finding control 2 before control 1 so it wasn't a great start but I managed to finish the course and was glad I decided to start. The main walking paths through the park were completely iced over so one of my better route choices was to head down to the park road and take the longer distance around instead of taking the shorter main route up over the top of the peak. Doug said the route over the top was not fun.

We had a great time orienteering in Edinburgh. It was a really fun mix of events. I think I was the last finisher on each of my courses but I really didn't mind because I felt so happy out on the courses. I know I was grinning ear to ear most of the time on the urban event. There's just something really cool about orienteering in an historic city like Edinburgh with a castle and other buildings that have been around for hundreds of years!

A Blast from the Past...

...joke from "The Wild Times"
January 1999

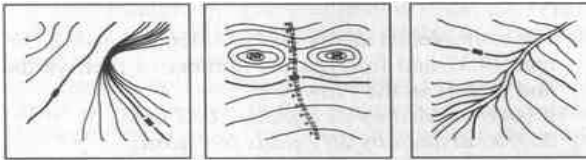
Why won't you ever see an orienteer's name
on a missing persons list?

Answer on page 14

Quiz Time...



Match the 3 pictures on top with their
corresponding map in the bottom row.



Answer on page 14

O Tip for Beginners...

from OUSA's website

New to O – Go to <https://orienteeringusa.org/> and check out the information that is there for newer orienteers. There are videos to watch on many, many different skills that orienteers can use. You will find information on the language of orienteering as well as supplies and equipment you may want to purchase as you progress. There's even a FAQ section that covers so much. **If you want more help with anything, ask someone at the next meet! We are here to help!**

Get to Know the ROC!

If you know a ROC member you'd like to see mentioned in this series, contact Don Winslow, reroteacher@rochester.rr.com

Meghan MacRae



Name – Meghan MacRae

Hometown – Austin, Texas. I've been in Rochester almost 20 years. A year ago, I came back from a year in Portland, Oregon, another heaven for lovers of the outdoors.

Other family members – I have a daughter in NYC and a son and grandson in Boston.

Occupation/Grade in School – My doctorate is in Evolutionary Biology; and I spent almost a decade working as a forensic scientist both in Texas and DC. When I came to Rochester, I made a career change and have been working as a nurse anesthetist since 2008.

Other Hobbies – Camping, kayaking, mountain biking, sewing. I really do want to get to that blues harmonica on-line course, but it'll eat into my reading time (science, history, philosophy).

When did you start orienteering? – April 2018 at the ROC Orienteering Orientation. And many thanks for turning me on to my new favorite hobby!

Why did you start orienteering? – I lost my best hiking buddy in February and wanted to keep hiking but wasn't motivated to go alone. It turns out orienteering makes a pretty good hiking buddy.

What level are you competing at? Moved from Yellow

to Orange at today's classic meet, and that went well (if we ignore speed completely).

What do you love about orienteering? It's an odd combination of getting me out of my head and thinking. By the time I'm done with the course, I've had a wonderful walk in the woods when I really paid attention to what was going on around me.

Favorite park in Rochester to orienteer in...I've only been to three! So far, I liked Oatka Creek best, but it's not a strong favorite.

Farthest from Rochester that you've orienteered... Letchworth permanent course.

Favorite orienteering experience...Letchworth permanent course. A brisk walk is my top speed; the permanent courses don't add time pressure.

Worst orienteering experience...It's always amusing to me how long it takes for me to find the first control. That seems to clear the spider webs, and the rest goes more smoothly.

Any future orienteering goal you may have...I think I have my work cut out for me just being a stumbling beginner.

Any advice for newer orienteers? Be patient with yourself.

biking, camping, keeping a comfortable home, and exploring forgotten, off-the-beaten-path New England area.

When did you start orienteering? I first tried orienteering in 2000 at a Letchworth ROC event, but then not again until 2013 in Maine. That's when the bug really bit.

Why did you start orienteering? I love the forest and I love maps. Two great tastes that taste great together? Yup!

What level are you competing at? I complete the red courses but I wouldn't call it competing. I often enjoy choosing the more interesting route and taking in the surroundings more than making the fastest time. I'm a winner if I make it back before they start collecting the controls.

What do you love about orienteering? That it gets you out to some beautiful locations that you might not otherwise have known existed.

Favorite park in Rochester to orienteer in... Definitely Mendon Ponds... Lots of cool nooks and crannies in there.

Farthest from Rochester that you've orienteered... If I include adventure races (orienteering by foot, bike, and boat), the Red River Gorge in Kentucky. Otherwise for foot-only, the Carrabassett Valley in Maine.

Favorite orienteering experience... Again if I can include AR races, the RockstAR adventure race about 100 miles Northeast of Toronto. More wilderness-oriented orienteering with lots of fun surprises.

Worst orienteering experience... I can't think of anything I would term "worst"... Even when I turned my ankle pretty good right at the beginning of this year's Letchworth WNY Championship and subsequently made a series of flustering navigational errors, I still had a really fun day in the woods.

Any future orienteering goal you may have... Simply to stay healthy and fit, incrementally improve my skills, visit new places, and continue doing it as long as I can.

Any advice for newer orienteers? Start slow, go at your own pace, and try to learn a little something new each time out (the joy is in the journey). If you have any questions, please ask! Most of us would love to assist. Also, try not to get too frustrated when you inevitably get turned around. Just take a deep breath and get yourself back to some landmark you can pinpoint on the map. We've all been there (I'm still there).

Mark Salas



Name: Mark Salas

Hometown: Penfield

Occupation/Grade in School: IT Solutions Architect

Other Hobbies: Adventure racing, hiking, mountain

Volunteers

If you are a volunteer and are in need of a name tag, please contact Don Winslow. Many thanks to all our volunteers which make our meets run smoothly! Please visit the website to sign up as a volunteer! Volunteer 5 times and receive a FREE schedule shirt!

Local Meets

Mendon Ponds - Icebreaker April 22, 2018

94 Starts



Mendon Ponds 'Ice Breaker'

West Lodge

With the first day of decent weather in months, orienteers came out in record numbers. We had 94 starts!

Our selection of courses included:

- White: 10 controls, 1.8k, 30m climb
- Yellow: 9 controls, 2.5k, 60m climb
- Orange: 13 controls, 4.1k, 105m climb
- Brown: 14 controls, 4.3k, 125m climb
- Green: 15 controls, 5.5k, 160m climb
- Red: 18 controls, 6.2k, 210m climb

Two different groups just saw all the commotion at the lodge and decided to come check us out!

Thanks to the following volunteers who made the day go smoothly: A special thanks to the entire Borden family for staying to the end of the event !

Anne, MD

Event Director - Anne Schwartz

Course setting - Zack Butler, Linda Kohn

Instruction and overall assistance - Laurie Hunt

Registration - Don Winslow, Jim Borden, Patty Borden

Timing - Tyler Borden, Zak Borden

Food -Dayle Lavine

String-O - Rick Lavine

Flag Pick-up - Ed Deller, Rob Stevens, Sergey Dobretsov, Jim Pamper

Letchworth NRE

May 5, 2018

On May 5th ROC hosted a national ranking event at Letchworth West. An NRE is a one day event that features a start list and seven different courses. Participants who are OUSA club members can receive ranking points in their age category. This event attracted 107 starters from Canada, Ohio, Pennsylvania, Vermont and Virginia.



Steve Tylock was the course setter, Rick Worner was the meet director and Linda Kohn was the technical advisor. The extra courses meant that Steve had to find over 70 different control sites. He and Linda Kohn made many trips to the park to find and verify the sites and make map corrections and additions. On the Friday afternoon before the meet Linda, Steve, Rick Worner, Kathy Bannister and Dick Detwiler placed the controls and stands in the woods.

On Saturday morning Lindsay Worner, Sergey Dobretsov, George Nadorf and Steve Tylock went out and turned on the SI boxes and made sure all the controls were in the right place with the correct numbers. They did find a couple of numbering mistakes that were corrected prior to the first start.

Peter Dady was in charge of the start and was assisted by Shawn Forney, Mike Alexander, Chris Joyce and Lindsay Worner. Peter also brought and returned the clock, SI boxes and stakes that we borrowed from CNYO.



Bob Bundy set up the finish with help from Steve Brooks. The downhill finish was appreciated by most of the runners.

Tyler Borden with some help from Jim and Zack Borden set up the results area. Tyler also set up the website for the meet and programmed all the SI Boxes.

Dick Detwiler again served as our registrar and printed all the maps for the event. He was also there on Saturday morning to help with registration. Laurie Hunt, Louise Cook, Anne Schwartz and Rukhsana Cofer took care of registration and distribution of start numbers.

Nancy and Richard Burgey took care of purchasing food and drinks for the event and setting up and restocking the refreshment area. They were assisted by Christine Duross.

Stina Bridgeman bought, distributed and picked up all the water and cups for the water stops.

Patty Borden brought the balls and other play things for kids at the event. Dayle and Rick Lavine brought and returned the equipment and setup the String O.

Dave Levine, Mike Lyons, Carl Palmer, Doug Hall and Jason Urckfitz stayed around to pick up the controls.

We received many positive comments about the courses and the meet in general at the event and on social media after the event.

As you can see it takes a lot of volunteers to pull off a national level meet without any mistakes. ROC is lucky to have many experienced people who always step forward to do a great job. Very few clubs in OUSA even attempt to do national meets and nobody does it better than ROC.

Rick Worner
Meet Director

World Orienteering Day Events May 2018



On a new map, in the Town of Indian River (a few miles north of Watertown) a small group of high school students gathered to try orienteering for the first time. Their science teacher, Beth Horning, had attended a workshop last spring that Rick Worner and Linda Kohn did as part of the Watertown BOCES professional development. She thought that her student would love to try O and was she ever right!

Making the map off Google Earth with input from Beth we were able to set up a short random course for an after school activity. After a short introductory session the students were off to search out the flags. They were very enthusiastic and spent the next 35-45 minutes getting to all of the controls. They were all smiles when they finished despite being out of breath and sweaty.

We are hoping that this may get some additional orienteering started in the north country.

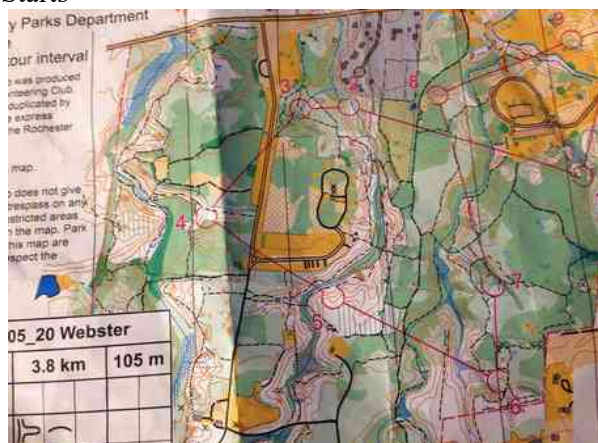


Another event was held at Cracker Box Palace at Alasa Farms in Sodus using one of our newest maps. Don Winslow was able to take groups up to the farm with the after school program in the Lyons Central School District once a week during May. We used the semi permanent placards and recorded the letters that were assigned to each control. Afterward, we got to spend some time with the animals!

With all the efforts around the world, there were 358735 orienteers that participated in the 2018 WOD window. This was up from about 288,000 in 2017.

Webster Park May 20, 2018

63 Starts



Our courses were:

- White 1.9k 55m
- Yellow 2.6k 55m
- Orange 4.1k 55m
- Brown 3.8k 55m
- Green 5.5k 55m
- Red 6.2k 55m



Volunteering to make the meet run smoothly were:

- Course setter: Mike Alexander
- Event Director: Doug Hall
- Registration: Rukhsana, Jim Borden, Rick L, Don W.
- Timing: Tyler Borden & Stina Bridgeman
- Flag pickup: Stina Bridgeman, Heidi, Ed. D, Joel S.
- Food: Ann Schwartz
- Instruction: Laurie
- String O: Dayle

Rochester Map Adventure June 2, 2018

We had a gorgeous day for the sixth running of the Rochester Map Adventure (from 2012 to this year, skipping 2017). As usual, the mapped area covered a large area of the city of Rochester – Mt. Hope Cemetery, the Park Avenue / East Avenue area, Monroe Avenue, Corn Hill, the South Wedge, the Neighborhood of the Arts, University of Rochester, the Cobb’s Hill area, and downtown.

Fleet Feet hosted the event at their Culver Road Armory store. It’s a great facility, with a very large room to use as our event headquarters. What’s more, they allow us to use it for no charge! So please consider Fleet Feet if you’re in the market for things they sell – running shoes, running clothing, etc.

A new, automated scoring system was put in place this year, by Tyler Borden. “Bubble” type answer sheets

were used (remember the tests from school days?), with a cell phone app that would photographically scan the answer sheet and determine the number of correct and incorrect answers. It worked amazingly well, even with some answer sheets that were folded, smudged, and crumbled. It wasn't perfect but pretty darn close. This greatly sped up the process of scoring and awards.

We tallied up the total number of right and wrong answers, for all competitors and all questions – there were 1883 correct answers and only 25 incorrect answers (1.3%) – great job everyone!

Nearly a quarter (6) of those wrong answers were from one control, which only had 11 correct answers (35% error rate on that control!). That was definitely a course setting/vetting issue, that I will take responsibility for as I vetted it and finalized the wording of the question (control 76 – it involved counting boulders on a location in the U of R campus). My wife Cheryl vetted the control with me, and said at the time we shouldn't use it. I tried to word it to be clear, but obviously failed (and she again told me, before the event, when she read what I had ended up with as the question, that we should have just eliminated it!). So she got to say "I told you so" when that turned out to be the most problematic control.

That control aside, the most wrong answers for any control was 2, and there were only two controls in that category. Fifteen other controls had a single wrong answer each. A whopping 82 controls were answered perfectly by everyone who visited them!

Most controls were worth one point each, but a good number of controls (28), located furthest from the start, were worth 2 points each. The maximum possible score was 128 points.

In the three hour bike division, Mark Salas took first with 81 points; the team of Lindsay Worner, Chris Joyce, and Monica Bays was second with 78 points; and the team of Elizabeth Barrese and Athena Thomas-Visel was third with 77 points. Joel Shore also had 77 points, but was 34 seconds behind the Barrese team, and when there is a tie score, the fastest time wins!

In the three hour foot division, the Stephanie Reh team (including Danielle Wingo and Faith Reh) took top honors with 33 points. Carl Palmer took second with 27 points, and the Zack Butler team (Simon Butler, Nathaniel Butler, and Christy Dryden) were in third with 26 points.

Kim Abell took first in the 5-hour bike division, with 127 out of possible 128 points! (He finished with a mere 2 minutes to spare.) The father-son team of Sergey and Tim Dobretsov were second with 126 points. In third place, tying the Dobretsov team for points with 126 but

finishing 8 minutes later, was the legendary orienteer Peter Gagarin, who came here all the way from Massachusetts to participate in our event! (It's his third time doing this event, and he commented that this is one of his favorite orienteering events. Keep in mind that he has orienteered for many decades literally all over the world, so this is quite a complement from him!)

In the 5-hour foot division, the team of ROC president Doug Hall and his teammate Heidi Hall took top honors with 80 points. In second place was the team of Lina Spokauskaite and Eric Pochylski with 78 points, and Mike Lyons took third with 70 points.

Nearly everyone who participated raved about the event, with many commenting on what a great way it is to explore and learn about our fine city.

Dick Detwiler

Meet organizers include:

- Course setting: Rick Lavine, Anne Schwartz, Dick Detwiler
- Vetting: Rick Lavine, Anne Schwartz, Dick Detwiler, Laurie Hunt
- Food: Dayle Lavine and Anne Schwartz
- Publicity: Laurie Hunt
- Registration: Rukhsana Palmer, Heidi Hall, Anne Schwartz, Dick Detwiler
- Scoring and results: Tyler Borden and Dick Detwiler

ADK EXPO

June 9, 2018



Had a great time at the ADK EXPO at Mendon Ponds

park this past Saturday sharing our sport with the folks stopping by our tent. The weather was great, not too hot or cold and no wind! Thanks to Anne Schwartz and Doug and Heidi Hall for helping man the tent. We had two workshops scheduled and took groups out on the short course around the beach area and another group out on a part of the permanent course. Lots of other people tried the short course out throughout the day. People took schedules and left their contact information so they can be reminded about our events. Several people seemed to know about orienteering already and a few mentioned they knew some of our members... Someone knew Georg Nadorf, and Alex Jospe's dad came by on his bike. Patty Borden and Jeanette Wahl stopped by to do the short course, and the clean up went very quickly with the Turinsky family's help as well as Carl and Rukhsana's. We even got some "advice" to add a small banner with our logo on our tent so folks know who we are, and we talked about getting a printed stretch and fitted table covering with our logo for future events like this.

Submitted by -
Don Winslow

Oatka Creek Park June 16, 2018



47 Starts

We had beautiful weather on Saturday for our meet at Oatka Creek Park. We don't use this park every year so it presented some fun challenges partly due to the lack of familiarity with the park and partly due to the very thick vegetation in mid summer. The park also includes many pits throughout that make for interesting features. Check

out the Routegadet results for a view of the park! Tyler and Patty Borden did a great job using the area to set some fun courses. We had 47 starts across the various courses plus a hotly contested e-punch string-o! (Thanks Zak for setting the string-o!) it was nice to see a bunch of families attend and I hope all the Dads had a great Father's day on Sunday!

Thanks to all our volunteers, many of whom pulled double duty! Course setting: Tyler and Patty, Registration: Patty, Don, Rukhsana, and Jim, Timing: Stina and Tyler, Instruction: Carl, Flag Pickup: Stina, Steve, Doug, and Maggie.

Thanks,
Heidi, Meet Director

Powder Mills Park July 11, 2018



Heidi Hall and Fred Detwiler heading to the finish!

- Meet Director: Rick Worner
- Greeter: Don Winslow
- Course Setter: Rob Stevens, Doug Hall
- Registration: Jim Borden, Rukhsana Palmer, Heidi Hall
- Start/Finish: Tyler Borden
- Instruction: Linda Kohn
- Food: Anne Schwartz

- Flag Pickup: Stina Bridgeman, Pete Dady, Joel Shore, Mike Lyons

- Course Setter: Dick Detwiler
- Registration: Don Winslow, Ruhksana Palmer, Nancy Burgey
- Start/Finish: Tyler Borden
- Instruction: Rick Worner, Linda Kohn
- Food: Anne Schwartz
- Flag Pickup: Heidi Hall, Tom McNelly, Steve Tylock

Genesee Valley Park July 25, 2018

44 starts

Dick Detwiler designed a 60 minute Score-O with 29 controls. 15 out of the 37 starts were able to find them all. Congratulations goes to 1st place winner, Doug Hall, who found them all in 42:06. Second place went to Nathan Collinsworth, only 1 second behind!

Dick also designed a white course with a winning time of 22:42 by the team of Vince, Max and Will Luongo.

Even better was a compass class taught by Linda Kohn which was held before the event and a giveaway of Tom and Carol Moran's collection of orienteering equipment and memorabilia courtesy of their children!

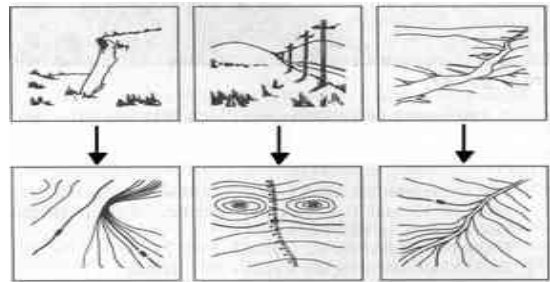
Many thanks to our wonderful crew of volunteers:

- Meet Director: Rick Worner
- Greeter: Linda Kohn

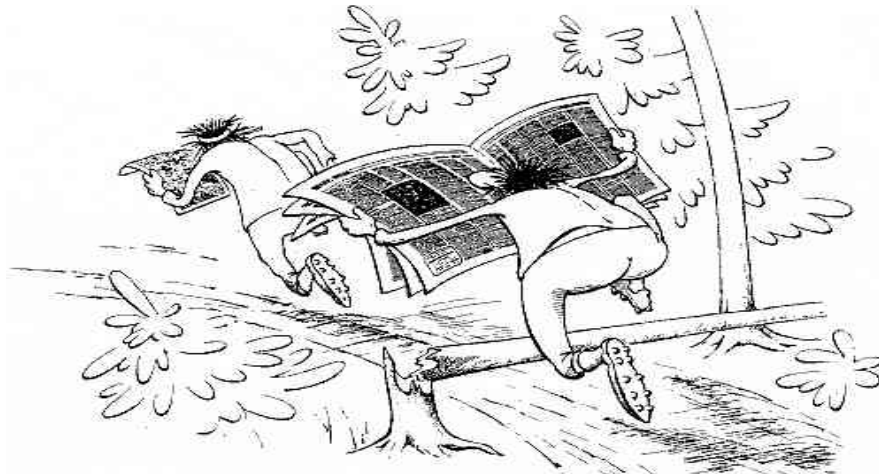
A Blast from the Past Answer

Because they never admit they're lost!

Quiz Time Answers...



O Humor...



Is published in "MAPA Y BRÚJULA" (ESP) №5-6 (2-3/95)
The author: Yuriy MANAEV (RUS)

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In the next issue of the Wild Times...

- Learn about our annual meeting in December 2018
- Please submit articles or ideas to Don Winslow by November 1, 2018...reroteacher@rochester.rr.com

Rochester Orienteering Club membership application form

- \$10 for one-year student membership (high school or younger)
- \$15 for one-year individual membership
- \$20 for one-year full family membership
- \$25 for one-year organization membership (example: Scout group)
- \$40 for three-year individual membership
- \$55 for three-year family membership
- \$200 for life membership

	First name	Last name	Birthdate
Self:	_____	_____	_____
Spouse:	_____	_____	_____
Children:	_____	_____	_____
	_____	_____	_____
	_____	_____	_____

Address: _____

City: _____ State: _____ ZIP: _____

Phone: (____) _____ e-mail: _____

Indicate if: New membership or Renewal Date of application: _____

Please circle one or more areas below in which you would be willing to volunteer occasionally. Training will be provided if needed.

Meet Course Food Greeter Registration String-O Start Control e-punch
Director Setter Finish Pickup

Please enclose a check payable to the Rochester Orienteering Club and mail to:

Rochester Orienteering Club, 4800 Eddy Ridge Road, Marion, NY 14505



Before there was a ROC, there was the Kodak Orienteering Club!

(courtesy of Tom and Carol Moran's collection)

First Class



4800 Eddy Ridge Road
Marion, NY 14505



*Dayle Lavine at the
Webster Park Meet*



At the Rochester Map Adventure, June 2.